

Sun Valley Community Center

6505 Bethany Lane (40272)

Supervisor: Dana Delepierre 937-8802

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 – 10:00 am	Senior Nutrition Open Fitness Room Tai Chi @ 9:30 Bunco Coffee Crew in weight room	Senior Nutrition Open Fitness Room Vita Tax Service Corn hole Coffee Crew in weight room	Senior Nutrition Open Fitness Silver Sneakers @9:30 Tops Canasta Ping Pong Coffee Crew in weight room	Senior Nutrition Open Fitness Vita Tax Service Double Pinochle Field Trips and Special Events Coffee Crew in weight room	Senior Nutrition Open Fitness Room Tops Shuffleboard Pinochle Coffee Crew In weight room	Vita Tax Service Open Fitness Room Tiny Tots Dance Classes
10:00 – 11:00 am	Senior Nutrition Open Fitness Room Tai Chi Silver Sneakers @ 10:30 Coffee Crew in weight room	Senior Nutrition Open Fitness Room Vita Tax Service Forever Young Toning Class @10:30 Coffee Crew In weight room	Senior Nutrition Open Fitness Room Vita Tax service Silver Sneakers Tops Canasta Coffee Crew in weight room	Senior Nutrition Open Fitness Room Forever Young Toning Class @10:30 Munchkin Playtime Double pinochle Field Trips and Special events Coffee Crew in weight room	Senior Nutrition Open Fitness Room Tops Jewelry making Pinochle Coffee crew in weight room	Vita Tax Service Open Fitness Room Tiny Tots Dance Classes Tae kwon Do
11:00 am – 12:00 pm	Senior Nutrition Open Fitness Room Silver Sneakers	Senior Nutrition Vita Tax service Open Fitness Room	Senior Nutrition Open Fitness Room Vita Tax service Tops Canasta Happy Feet Walking Club	Senior Nutrition Open Fitness Room Vita Tax Service Double Pinochle	Senior Nutrition Open Fitness Room Toddler Time Pinochle	Vita Tax Service Open Fitness Room Tiny tots Dance Classes Rentals
12:00 – 1:00 pm	Cleanup/ set up for next day programs Closing procedures	Open Fitness Room Vita Tax Service	Open Fitness Room Vita Tax Service Pickle Ball	Open Fitness Room Senior Nutrition Vita Tax Service Double Pinochle	Open Fitness Room Pinochle Toddler Time	Rentals Can go into the evening. Scrapbooking is once a month. Special Events are held on Saturdays
1:00 – 2:00 pm	CLOSED	Open Fitness Room Vita Tax service Forever Fit @ 1:30 pm	Open Fitness Room Vita Tax Service Pickle Ball	Open Fitness Room Vita Tax Service Forever Fit @ 1:30 pm	Open Fitness Room Pinochle Pickle Ball @ 1:30	CLOSED

Sun Valley Community Center continued...

2:00 – 3:00 pm	CLOSED	Open Fitness Room Vita Tax Service Sun Valley Stars @ 2:30 pm Disability Group Karaoke/ pickle ball	Open Fitness Room Vita Tax Service Pickle Ball	Open Fitness Room Vita Tax Service Forever Fit Pickle Ball @ 2:30	Open Fitness Room Pickle Ball	CLOSED
3:00 – 4:00 pm		Open Fitness Room Vita Tax Service Sun Valley Stars	Open Fitness Room Vita Tax Service Pickle Ball Yoga	Open Fitness Room Vita Tax Service Pickle Ball	Open Fitness Room Pickle Ball	
4:00 – 5:00 pm		Open Fitness Room Vita Tax service Sun Valley Stars	Open Fitness Room Archery for Children	Open Fitness Room Vita Tax service Pickle Ball Teen Weight Room	Open Fitness Room Pickle Ball	
5:00 – 6:00 pm		Open Fitness Room Vita Tax Service Zumba @ 5:30 Board games w Bobby	Open Fitness Room Archery	Open Fitness Room Vita Tax Service Basketball practice@ 5:30 Non-Smoking Classes @ 6:30	Clean up / Set up	
6:00 – 7:00 pm		Open Fitness Room Vita Tax Service Zumba Board games w Bobby Yoga @ 6:30 Tai Chi @ 6:30	Open Fitness Room Women's weight Training Children's arts and crafts	Open Fitness Room Vita Tax service Basketball practice Line dancing @ 6:30	CLOSED	
7:00 – 8:00 pm		Open Fitness Room Yoga Tai Chi	Open Fitness Room Children's Tae Kwon Do Kung Fu Ripped/ Cardio Kick @ 7:30	Open Fitness Room Abs and Glutes Weight Training Zumba @ 7:30 Linedancing Children's scrapbooking @ 1 st Thursday of the month		
8:00 – 9:00 pm		Open Fitness Room Tai Chi Clean up / set up for next day Closing procedures	Open Fitness Room Ripped/ Cardio kick Children's Tae Kwon Do Kung Fu	Open Fitness Room Zumba Line Dancing		
9:00 pm		CLOSED	CLOSED	CLOSED		